



**FAMILY TO FAMILY**  
**THURSDAYS, AUG. 30 - NOV. 15, 2018**  
**9:00 - 11:30 AM**  
**PUEBLO WEST\***

Free 12 week course for families and caregivers of people living with a serious and persistent mental illness. Covers the diagnoses, medications, communication, and self-care.

*Get your life back under your control.*

RSVP because class size is limited.  
\*Location will be given to those who register

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